

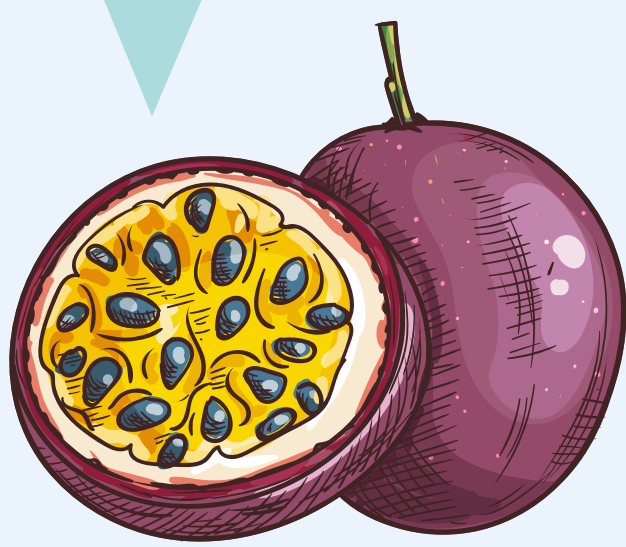


# PASSION FRUIT NUTRITION FACTS

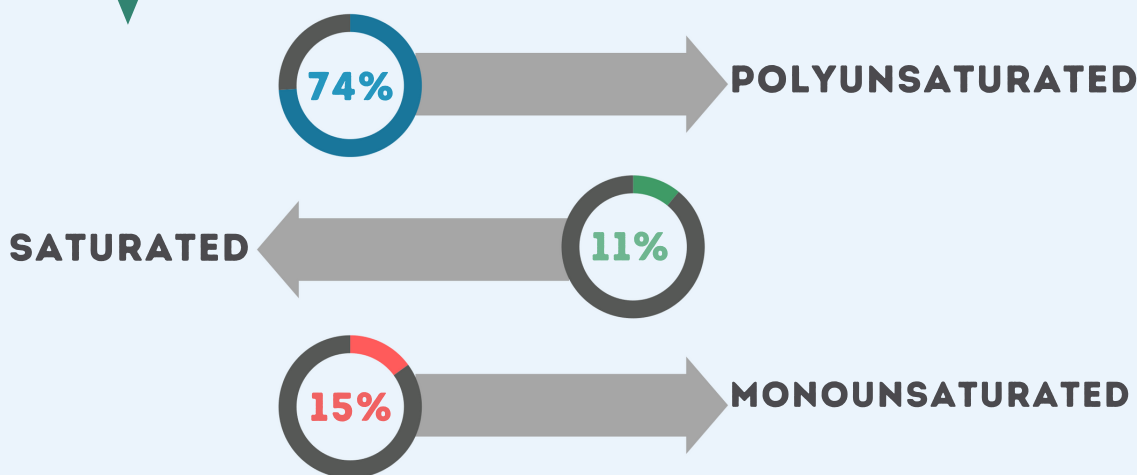


## CALORIES 97/100GM

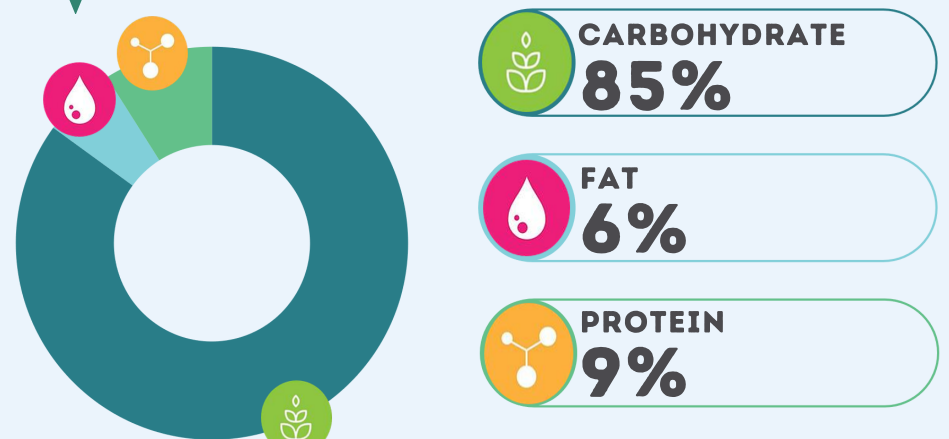
	AMOUNT		AMOUNT
CARBOHYDRATE	23.38 G	NIACIN	1.500 MG
FAT	0.70 G	VITAMIN A	64 MCG
PROTEIN	2.20 G	VITAMIN B12	0.00
CHOLESTEROL	0.00	VITAMIN B6	0.100 MG
FIBER	10.4 G	VITAMIN C	30 MG
RIBOFLAVIN	0.130 MG	VITAMIN D	0.00
SODIUM, NA	28 MG	FOLATE	14 MCG
THIAMIN	0.000 MG		



### FATS AND FATTY ACIDS



### CALORIES BY SOURCE



### PASSION FRUIT OTHER NAMES

PASSIFLORA EDULIS  
MARACUYA  
LILIKOI  
MARACUJÁ

### MINERALS IN PASSION FRUIT

12 MG	CALCIUM, CA	1 % (DV)
0.086 MG	COPPER, CU	10 % (DV)
1.60 MG	IRON, FE	9 % (DV)
29 MG	MAGNESIUM, MG	7 % (DV)
0.6 MCG	SELENIUM, SE	1 % (DV)
68 MG	PHOSPHORUS, P	10 % (DV)
348 MG	POTASSIUM, K	7 % (DV)
0.10 MG	ZINC, ZN	1 % (DV)

THE DAILY VALUES (DV) ARE REFERENCE AMOUNTS (EXPRESSED IN GRAMS, MILLIGRAMS, OR MICRO-GRAMS) OF NUTRIENTS TO CONSUME OR NOT TO EXCEED EACH DAY.